

Ventana Canyon Golf and Racquet Club

CATALINA ROOM BREAKFAST MENU

Yogurt, Granola and Berry Parfait

Catalina Sunrise Smoothie, Banana and Strawberry with Wheat Germ, Honey and Yogurt

Natural One, Season's Best Fruit with Fresh Berry Yogurt and Banana Bread

Smoked Salmon, with Toasted Bagel, Cream Cheese, Vine Ripened Tomatoes, Onions, and Capers

Irish Oatmeal, Topped with Brown Sugar, Cinnamon and Raisins

Old Fashioned Granola, with Honey and Almonds

*Selection Of Dry Cereals, Frosted Flakes, Special K, Raisin Bran, Rice Krispies, Total, Cheerios
With Fruit*

OMELETES

Served with Hash Browns and Toast

Sonoran Spa, Fresh Egg Whites with Asparagus, Wild Mushrooms and Spinach, served with Steamed New Potatoes

Canyon Creation, Served with Any Three of the following Ingredients: Onions, Mushrooms, Green Chiles, Tomatoes, Cheese, Bacon, Ham or Sausage **Additional Toppings**

Shrimp & Leek Omelet, Sautéed Shrimp & Sliced Leeks with melted Monterey Jack Cheese

Smoked Salmon & Boursin Omelet, Smoked Salmon, Garlic Herbed Boursin, and minced Chives

Cast Iron Frittata, Egg baked Omelet with Mild Italian Sausage, Marinated Tomatoes and Provolone Cheese served with a side of Cottage Cheese topped with Blueberries

BREAKFAST SPECIALTIES

*Steak and Eggs, 6 OZ New York Strip with Two Eggs Any Style and Hash Browns **60Z. 10 OZ.***

Panini Breakfast Sandwich, Panini Sour Dough with a Fried Egg, Canadian Bacon and Melted Monterey Jack Cheese, served with Hash Browns or Fresh Fruit

Breakfast Burrito, Hand rolled Flour Tortilla filled with Scrambled Eggs, Bacon, Refried Beans, Garlic, Shredded Potato, Pepper Jack Cheese, Pico de Gallo, and Avocado served with a side of Fresh Fruit.

*Biscuits and Sausage Gravy served on top of Biscuits and Sausage Gravy
with Hash Browns or Fresh Fruit* **Add Country Fried Chicken Strips**

Chorizo Scramble, Scrambled Eggs, Chorizo, Green Chiles, Mixed Cheddar & Jack Cheese with a Warm Flour Tortilla And a side of Fresh Fruit

Pan Fried Corn Beef Hash, with Poached Eggs and Hollandaise Sauce

Catalina Eggs Benedict, Canadian Bacon and Lemon Hollandaise, served with Hash Browns or Fruit

San Francisco Style Eggs Benedict with Crab Cakes, Served on Sour Dough Muffins with Canadian Bacon, Lemon Hollandaise, served with Hash Browns or Fruit

Ranchero Style Eggs, Two Eggs Any Style on Grilled Corn Tortillas, layered with Tomatillo and Green Chile Sauce with Grated Pepper Jack, Black Beans and Chorizo

*American Breakfast, Two Eggs Any Style, Bacon or Sausage, Hash Browns and Choice of Toast
With Griddle Cakes*

Member Breakfast, Two Eggs Any Style, Hash Browns and Choice of Toast

Belgian Waffles, with Fresh Berries and Whipped Cream

Sour Dough French Toast, Thick Cut Sour Dough Bread Served with Warm Maple Syrup

Buttermilk Griddle Cakes served with Warm Maple Syrup **Apple, Berry, and Banana**

ADDITIONAL SIDES

*Yogurt
English Muffin
Banana Bread
Cinnamon Roll*

*Assorted Freshly Baked Muffins
Seasonal Berries
Season's Best Fruit
Half Grapefruit with Warm Honey*

Consuming Raw or Undercooked Meats, Poultry, Seafood, Shellfish, or Eggs, May Increase Your Risk of Food borne Illness