

# Ventana Canyon Golf and Racquet Club

## CATALINA ROOM LUNCH MENU

### Soups and Salads

**Gazpacho** our version of the classic **Bowl** **Cup**

**Tortilla Soup** a taste of the southwest **Bowl** **Cup**

**House Made Soup of the Day** Created Fresh Daily **Bowl** **Cup**

#### **Mulligan Salad**

Salad Creation from a list of freshly prepared ingredients and tossed to order .  
Please request a checklist from your server.

#### **Fried Chicken Cobb Salad**

Romaine Lettuce, Sliced Egg, Tomatoes, Avocado, Blue Cheese, Bacon Crumbles,  
Sweet Potato Fritz and Ranch Dressing

#### **Caesar Salad**

Chopped Romaine Lettuce, Garlic Croutons, Tomatoes and Parmesan Cheese

#### **Ventana Blue Salad**

Baby Greens, Blue Cheese, Spiced Pecans, Green Apples, Berries, Citrus Segments,  
Orange Poppy Seed Dressing and Sweet Potato Fritz

#### **Cashew Chicken Salad**

Romaine and Iceberg Lettuce tossed with Chow Mein Noodles, Mandarins, Red Peppers, Scallion  
and Red Chili Thai Dressing

#### **BLT Salad**

Bacon, Chopped Iceberg Lettuce and Fresh Diced Ripe Tomatoes with Ranch Dressing

#### **Trio of Salad**

Chicken Salad, Tuna Salad and Egg Salad on chopped Romaine with Tomato and Red Onion Salad  
and Garlic Croutons

#### **Quiche of the Day served with Side Salad**

Your server will explain today's creation

#### **Seasonal Fruit and Berry Plate**

Assorted Sliced Fruit and Berries with Berry Yogurt

For an additional charge, all Salads are available with Beef, Shrimp or Salmon or  
Chicken; your choice of Grilled or Blackened (must be ordered in conjunction with a salad.)

### Entrees

All Sandwiches come with choice of Side Salad, Fruit or Fries (Not included in the Pick Two)

#### **Pick Two**

1/2 Sandwich of the Day, Cup of Soup or Side Salad (you must pick two DIFFERENT items)

#### **Turkey Club**

Smoked Turkey Breast, Swiss Cheese, Bacon, Leaf Lettuce, Tomato, Mayonnaise, Whole Wheat Toast

#### **Prickly Pear Marinated Chicken Breast Sandwich**

Glazed Prickly Pear Chicken Breast topped with melted Pepper Jack Cheese, Served with a side  
Of Jalapeno Prickly Pear Onions

#### **Ventana House Burger**

Half Pound Ground Beef, Choice of Cheese, Leaf Lettuce, Tomato, Red Onion, Pickle  
Add Signature prickly Pear Jalapeno Onions & Pepper Jack Cheese \$ 1.00

#### **Pastrami and Provolone**

Warm Pastrami with Melted Provolone Cheese served on an Italian Roll

#### **Vegetable or Turkey Burger**

On a Sesame Roll with Cranberry Mayonnaise and Fresh Fruit

#### **Ventana Lifestyles Plate**

Choice of Grilled Marinated Portabella Mushrooms, Chicken Breast or 4oz Angus Burger served with  
Cottage Cheese and Fresh Fruit

#### **Italian Beef Sandwich**

Angus Prime Rib dipped in Chicago Sauce topped with your request of grilled peppers and melted  
Provolone Cheese on a toasted Italian Roll

#### **Corned Beef Reuben Sandwich**

Corned Beef with Classic Thousand Island Dressing, sauerkraut and melted Swiss Cheese on Rye

#### **Tuna Melt**

Tuna Salad on a Sesame Roll, Tomato, Avocado and melted White Cheddar Cheese. Garnish of Coleslaw

#### **Roasted Turkey Sandwich**

Sliced Fresh Roasted Turkey, Baby Spinach and Havarti Cheese slightly Melted  
With Mayonnaise, Strawberry Rhubarb Jam on Hearth Style Cranberry Walnut Bread

#### **Sides, Extras and Ala Carte**

Guacamole (4oz) French Fries, Napa Slaw, Cottage Cheese or Side of Fruit

Bacon, Onion Rings

**Carb Friendly Tortillas Available upon request for all Quesadillas**

Consuming Raw or Undercooked Meats, Poultry, Seafood, Shellfish, or Eggs, May Increase Your Risk of Food borne Illness