Discounts Add Value to Your Membership

AS I REFLECT ON THE HOLIDAY SEASON—often a catalyst for major purchases—it occurs to me that we often overlook the value of the various member discount programs here at Ventana. Discounts add value to your membership when and if you use them.

For instance, discounts in the Golf Shop make the merchandise there competitive with that available from outside merchants. The best deal is on golf equipment, including all brands of clubs, which are offered at 20 percent over our cost. That makes golf equipment purchased through the club competitive with that offered by national and local discount golf retailers.

Some members don’t realize this because equipment displayed in the shop bears the standard retail price that non-members pay if they purchase it. It is impossible to display the member price since we often have to wait for the invoice to arrive to charge the member account correctly. If you have a question about what a piece of equipment will cost you, please consult one of the golf professionals in the shop.

Discounts on other items are more straightforward. We sell golf balls at the same prices found in discount stores, but ours bear the Ventana logo, if that is at all important to you. Apparel, shoes and bags are sold at 20 percent off the retail price. In the case of shoes, this is usually less than you can buy them elsewhere.

You heard recently about another major service that adds value to your membership—the Ventana wine program. This is a program that allows you to buy wine at less than the retail price, whether it is in the dining room or for carry-out. All of the work that went into the development of this program had one primary goal—making good wines available to Ventana members at attractive prices.

Our current wine list is a starting point for a vibrant program. We hope that with the availability of a wide variety of good-to-excellent varietals, members will be motivated to order wine with meals at the club. Also, when planning wine purchases for home use, it is impossible to beat the prices available through the club.

Plans are afoot for a number of wine-related programs to help make interested members more knowledgeable about all wines, but especially those on our list. As this portion of the program develops, we will keep you informed.

Meanwhile, we will continue our schedule of gourmet wine dinners, which give you an opportunity to sample a variety of high-quality wines paired with outstanding food.

There is a core of members who take advantage of these programs on a regular basis. They use their member discounts when they buy holiday gifts and/or make personal purchases. It is discouraging from time to time to encounter a member who is unaware of these and other discount programs, such as the member pricing in The Day Spa.

I know that all of our programs are explained at the time a membership is purchased, but there is so much detail to review that some things may be forgotten. That is why I thought this was a good opportunity to remind everyone of these programs, whose prime purpose is to add value to your membership.

Meanwhile, I am pleased to report that the independent outside evaluators engaged to review our membership initiation fees have confirmed that a golf membership is worth $53,000—unchanged from 2006. Tennis initiation fees will increase to $6,000 and social membership initiation will be unchanged at $3,000.

George White
CEO, General Manager
Happy New Year! The culinary team would like to wish you and all your loved ones a safe and happy 2007. Our event schedules are very busy with wine dinners being featured in January and February this year. January's wine dinner on Tuesday, January 9th will feature a variety of Pinot Noir wines that are currently available on our wine menu. Please make your reservations early; the wine dinners are very well received and tend to fill up quickly.

Our member mixer will be on Tuesday, January 16th and should prove to be exciting once again. I personally want to thank those of you who attended December’s member mixer. The turn out was very impressive and we learned a lot from the event. Thank you for being there to support our club.

We will also be having Saturday night dinner dance on January 27th. The festivities are enjoyed by all. Hope to see you there. Again, Happy New Year and we look forward to seeing you soon.

Chef John & the Culinary Team

From The Food & Beverage Director

Happy holidays to everyone from the food and beverage team at Ventana. It has been a pleasure to serve everyone this year and we are looking forward to next year. With the members’ input, we can continue to get better and meet your needs. We have great events coming up next year, including great wine dinners, mixers and dinner dances. Many of our team members are moving into their second year at Ventana and have a better understanding of the operation and the service the members expect. We can take what we did last year and improve many areas as we move into 2007.

The wine to go program is being well received and food and beverage has had many inquiries about the program. We will continue to provide updates and information about the program. Ventana’s new liquor license allows us to sell wine and beer to go. We have been able to beat just about any retailer’s wine price in town. If you have any questions, please contact me. 2006 was a great year and we are looking forward to an even better 2007.

Morgan Puffenbarger

MARK YOUR CALENDAR

for Ventana’s Upcoming Events:

- Couples Golf Event and Dinner: 1/07/07
- Pinot Noir Wine Dinner: 1/09/07
- Member Mixers: 1/16/07 and 2/6/07
- 9 & Dine Golf Event and Dinner: 1/26/07
- “Saturday Night Live”: 1/27/07
- Armour Gomez
- “Boots & Bolas Western”: 2/24/07
- Bill Ganz Western Trio
- Italian Wine Dinner: 2/27/07

Cancellation Policy for Club Events

There are a lot of fun events planned this season and we want to ensure everyone has lots of fun. We understand that sometimes life drops surprises in your lap, so please be considerate. You need to cancel your reservation at least 24 hours before the scheduled event. Otherwise, you will be charged a $25.00 fee per person.

Jennifer and her attendants work very hard to keep your hot tub clean, healthy and ready for your use. However, there have been numerous times that it has not been available due to individuals shaving in there. When this occurs, it becomes necessary to drain, clean and refill the hot tub, and unfortunately, the whole process takes approximately 4 days. As would be expected, this inconveniences the other members who regularly use the facility. We urge you, out of consideration to others, not to mention the sanitary risks, that you shave in the showers only.

Thank you for your cooperation in this matter.
BRRRRRR!! As I am writing this month’s article, it is currently a nice, cool 28 degrees outside. I thought this was Arizona?!

With the colder temperatures of winter upon us, it becomes even more important how we take care of the courses. The recovery time of the turf from ballmarks, divots and traffic is much longer due to the cold temperatures. So, please be sure to make the extra effort and fill your divots, fix your ballmarks and avoid high golf car traffic areas. When filling divots, it is only necessary to fill the divot with enough mix so that it is level with the surrounding turf. It is not necessary to build small sand castles when filling divots. The idea is to leave the old divot in suitable condition for the next player to hit off of if necessary. The concentration of divots will typically be much higher from 100 yards into the green as this area receives much more short iron play, which is conducive to players taking divots. It is not uncommon at this time of the year for ballmarks to take over 30 days to heal, so it is very important that we not only fix ballmarks, but that they are fixed properly. A properly repaired ballmark will heal twice as quickly as a ballmark that is not repaired properly.

The expansion of the instruction area on the west side of the North tee at the practice facility has been completed. We will be ordering additional signage and accessories and the area should open in early January. Call Jim Empey now to book your lessons and start 2007 with a commitment to improve your game. "If you do what you've always done, you'll get what you've always gotten."

We have a new addition to our GCM staff: Robert Walt (Assistant Superintendent Canyon Course) joined us in November. We look forward to Robert's contributions to our operation.

Please join us at the next scheduled Dewar's & Divots on Monday, January 15th. Meet in the Ventana Bar & Grill area at 3:45 for a drink before we head out onto the course, very big thank you to all those supporters of this event in the past. We really appreciate your genuine concern for the courses.

I hope everyone had a great holiday season and I wish you all an even better 2007.
Greetings! On behalf of the entire professional golf staff, I would like to welcome our members to the 2007 season. January will once again prove to be one of the most exciting and eventful months of the year. Your staff has scheduled numerous activities and events this month to provide an outstanding experience to all patrons. It is once more the time of year that Ventana Canyon invites numerous club manufacturers to allow our members to test the newest and most innovative equipment on the market. These demo days show to be the best means to allow our members the opportunity to experiment, obtain expert advice, and purchase the latest golf products available.

January 13th
10:00 - 3:00 pm

January 27th 10:00 - 3:00 pm

Along with demo days, the club shop has numerous other exciting events planned for the month of January. The start of the 2007 year marks the beginning of many monthly club events. These events include 9 and Dine, Couples, and Dewars and Divots. All members are invited and encouraged to participate in these events. Each event serves as a wonderful opportunity to socialize and mingle with fellow members and guests. We hope to see you present for these upcoming member events!

Couples (4-Person Team Shamble)
Sunday, January 7th
1:00 p.m. Shotgun Start
Mountain Course

Dewars and Divots
Monday, January 15th
3:00 p.m. Shotgun Start
Mountain Course

9 and Dine (2-Person Team Scramble)
Friday, January 26th
3:00 p.m. Shotgun Start
Canyon Course

Ventana Book Club
The next meeting will be January 30, 2007, 6:15 P.M., Ironwood Room. Hear Raymond Aube lead the discussion on his book, "The 48th". The historical novel about the history of Arizona, the 48th State to enter the Union. Ray takes us from the Anasazi border crossings; a very wide spectrum, indeed. This is a promising program. See you there!

Nelda Clark, Ventana Member

Happy New Year
From all of us at The Day Spa

There were a lot of transitions at the spa last year. Our supervisor, Sara Day, has left The Lodge after 18 years of service. She will be missed. Also, our nail tech, Erica Gunderson, has decided to pursue an aesthetics career and will be going to part-time in February. It is a new year and time for a fresh start.

I have been acting supervisor since Sara left in November. I have been in the spa industry for over 16 years; it is my passion and I hope to share it with all of you. Also, I would like to introduce Darcy Good, who will be taking over Erica's shift. She may be a familiar face to some of you, as she worked in guest services here at The Lodge 7 years ago. She has been a nail tech since 1997 and we are so excited to have her join our staff.

Our New Year’s resolution this year at the spa is to nurture evolution. We want to create a sanctuary that promotes health and healing. We invite and welcome all of your ideas, so please feel free to stop by and give your input. Be sure to check your emails as we will be offering monthly specials. We look forward to seeing you in the new year.

Thanks for your continued support.

Anita Facchini
Spa Supervisor
Pinot Noir Wine Dinner
January 9, 2007

Reception 6:30pm
Stationed Hors d’oeuvres
2004 De Loach, Russian River

Dinner Begins at 7:00pm

Baked Wild Mushroom Strudel with Devonshire Cream and White Truffle Oil
2004 Erath, Oregon

Tossed Arugula with Fried Proscuitto, Montache, Toasted Hazelnuts and Caramelized Vinaigrette
2004 Bel Glos, ‘Clark and Telephone’

Roasted Guinea Hen with Roasted Vegetable and Bean Cassoulet with Pinot Noir Essence
2003 Stoller, Oregon
2004 Sanford, Santa Barbara

Chocolate Nemesis
Flourless Chocolate Cake with Grand Marnier Anglaise
Frivolo, Vino Noceto

$65.00++ Per Person

Please RSVP to Melinda by Monday, 1/8/07 at 577-4000 and please remember to leave your member number when making your reservation.

TAKE A HIKE...

Cindy Edwards is hosting an organizational meeting to form a hiking group for Ventana Canyon Golf & Racquet Club.

To anyone interested in participating in the group, please come to the Ventana Bar & Grill on January 9th at 10:00 a.m.

Ventana Vistas

Ventana Vistas is published monthly by the Ventana Canyon Alliance, LLC, for members of the Ventana Canyon Golf & Racquet Club. Articles are contributed by club members and staff.

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Our Mission

We are a well managed, customer focused, financially sound and profitable business delivering a high-quality club experience to our members, guests and employees, while adding value to the Ventana Canyon Community.

Our Board of Managers

David Carney, chairman
Taylor Payson, vice chairman
Andy Samet, secretary
James O. Johnston, treasurer

Members:
Travor Beste, Marylyn Canfield, Michael M. Goode, Andy Samet, Peg Rosenquist.
Happy New Year to everyone. May this year bring you good health, happiness AND a lower handicap!

As usual, December was a busy month, with the Club Championship finishing up on the 7th. There was a wonderful turnout - 44 players - the most ever! The players braved a lot of challenging weather, and some even had to play 21 holes to finish. Everyone was a winner, as not only were the champions in each flight paid, but the 2nd & 3rd place players received recognition. The following women were the champions in their flights: Etsu Susuki - Championship Flight, Mark Kunkel - A flight, M.J. McGeachin - B flight, Anne Dobbie - C flight, Anne Wolbach - D flight, Ramona Pease - H flight, Pat Hamill - I flight, and Martha Williams - J flight. A big thanks to everyone for making the event so special.

The following golfers have had a chip ins so far this season: Sharon Baker, Mary Griffin, Marilyn Cowl, Anne Krecke, Pat Citron, Joyce DeWitt, Peg Rosenquist, Barbara Warrilow, Allison Dittmann, Judy Mott, Carol Howe, Marilyn Steele, M.J. McGeachin and Mary Hudson. Keep up the good work.

Every year, the 18 holers donate to a charity as part of their holiday luncheon. This year’s charity of choice was Phase. This is a community outreach arm of the Norton School of Family & Consumer Sciences at the U of A which has assisted women in employment training and job placement since 1978. Phase enables women to market themselves as they are entering or reentering the workforce by learning how to write a resume, how to look for a job, how to apply for a job and how to interview. They also help women who have been incarcerated get back into the workforce. Thanks to all of you who donated. There is still an envelope in the locker room if you were out of town when the donations were collected. Make checks out to “Phase - U of A” and put them in the envelope provided.

January events include the start of the State Medallion and the “Rally for the Cure” event on the 25th. The Niners will join us for this event, and there will be a luncheon following golf.

Remember to repair your divots and ball marks - let’s care for our beautiful courses.
18 Holers 2007 Schedule

January ‘07
4 7:30 t-times; 1st State Medallion
11 7:30 t-times; 2nd State Medallion
18 7:30 t-times; 3rd State Medallion
25 8:00 shotgun; Race for the Cure

February
1 7:30 t-times; 4th State Medallion
8 7:30 t-times
15 8:00 shotgun; Guest Day
28 8:00 shotgun; Member/Member

March
1 8:00 shotgun; Member/Member
8 7:30 t-times
15 8:00 shotgun; ABCD; Luncheon
20 1:00 shotgun; Hole-in-the-Wall
21 1:00 shotgun; Hole-in-the-Wall
22 8:00 shotgun; Hole-in-the-Wall
23 8:00 shotgun; Hole-in-the-Wall
29 7:30 t-times Almost Ryder Cup

April
5 7:30 t-times
12 No Play
19 8:00 shotgun; President’s Cup
26 8:00 shotgun; President’s Cup

Not all our seventy-five members could come to our Christmas luncheon, so here’s a quick rundown. By an overwhelming vote, our new shirts will be “hot” pink, and they can be ordered at the Pro Shop. It’s nice to have us all wearing the same color for invitacionales and other interclub events, but certainly it’s not mandatory.

We kicked in $10 each, as we do every year, to create a year-end donation to a local charity, as proposed by some of our members. This year’s winner was CASA, or Court Appointed Special Advocates. The thoroughly trained volunteers for CASA work to resolve family disputes involving young children, and bring the results of their investigations to the judge who is responsible for deciding cases.

See the board for the best ball winners...some amazing scores! Some schedule changes are posted, too.

Looking ahead, some of us are thrown for a loop at the thought of playing in the State Medallion competition. However, it’s just like any other Monday, and all we do is put our score in the computer and hand our signed scorecard in to the Pro Shop. Mike Strain will do the rest. He’ll calculate our best two out of three scores as we play on January 15, 22 and 29. Yes, there really is a medal, presented to the net and gross winners at our closing luncheon. It’s an event that encourages us to play our best, and sometimes we surprise ourselves by how well we can do when challenged.

If you’re having a horrible round, in other words max out on a hole and pick up in disgust, just note on the card that you withdraw from the competition for that day. Score your maximum strokes allowable. Put an X beside that hole. Keep on playing, just for fun. Call Karen Chellevold if you have questions.

<table>
<thead>
<tr>
<th>Nine hole course handicap</th>
<th>Maximum strokes allowable</th>
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<tbody>
<tr>
<td>4 or less</td>
<td>par +2</td>
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<tr>
<td>5-9</td>
<td>7</td>
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<td>10-14</td>
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<td>15-19</td>
<td>9</td>
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<td>20 or over</td>
<td>10</td>
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This is mostly about pace of play and applies to all Monday formats. Others in your foursome may remind you when it’s time to pick up. As for a “gimme” putt, those are allowed only on free play days, of course.

February 12 is our always hugely successful Valentine’s Day bash, and Judy Pease will have the sign-up sheet posted soon. This Niners-only party is a season highlight. You and your favorite guy play a fun format 18 holes and then join the crowd for a bang-up cocktail party with the best Ventana food stations you can only imagine. It’s not to be missed!
2007 M.G.A. Schedule

Saturday’s - 8:00 a.m. shotgun

January ‘07 20 President’s Cup
February 10 Member Charity Event
March 3 Club Championship Medal Play t-times
April 21 Beat the Pro
May 26 Two-Man Stableford; U-Pick
June 9 Two Man Best Ball; U-Pick
July 14 Ken’s Mystery Event; Pro shop to pair
August 18 Four Person Stableford; U-Pick

Please note: The event dates are set; the formats may vary.

2007 Senior Schedule.

8:00 a.m. shotgun

January 2 Twoball – 1 Better Ball – Tournament Score
January 9 Fourball – 2 Best Balls – Blind Draw
January 16 Fourball – 1 – 3’s, 2 – 4’s, 3 – 5’s
January 23 Fourball – 2 Best Balls
January 30 Fourball – 3 - 3’s, 2 – 4’s, 1 – 5’s
February 6 Twoball – Modified Chapman
February 13 Fourball – 3 Sixes (1-2-3)
February 20 Twoball – Modified Chapman
February 27 Fourball – 2 Best Balls – Blind Draw
March 6 Twoball – 1 Better Ball – Tournament Score
March 13 Twoball – Stableford
March 20 Fourball – 3 – 3’s, 2 – 4’s, 1 – 5’s
March 27 Individual – SENIORS CHAMPIONSHIP
April 3 Fourball – 2 Best Balls – CLOSING LUNCHEON
April 10 Fourball – Stableford
April 17 Fourball – 1–3’s, 2–4’s, 3–5’s - CHAMPIONS’ LUNCH
April 24th Fourball – 3 Sixes - (1-2-3)

Ventana Senior Golf Results

Winners:

November 21st - Fourball - Three Sixes (1-2-3)

Gold Flight:
1st Place Adamsbaum/Fedje/Gallagher/Woolson
2nd Place Altholz/Dittmann/Dittrich/Paier
3rd Place Bishop/Carrig/J. Pease/(blind draw)

Silver Flight:
1st Place Kenney/Munic/Nicoletti/Nock
2nd Place Byon/Dourlet/Kirby/Withers
3rd Place Duffy/Gaver/Michaels/Perl

November 28th -

Gold Flight:
1st Place Anderson/Bishop/McLaughlin/J. Pease
2nd Place Buchanan/DeMaio/McWilliams/Woolson
3rd Place Carrig/Dittmann/Hungerford/McKeeman

Silver Flight:
1st Place Haas/Nicoletti/Ungar/Ward
2nd Place Duffy/Kenney/Maronick/Miron
3rd Place Dourlet/Jeck/Komar/Munic

December 5th - Fourball - One Better Ball

Gold Flight:
1st Place D. Riskind/Volz
2nd Place Carrig/Gellman
3rd Place Buchanan/Reisinger
4th Place Christensen/Huth

Silver Flight:
1st Place Michaels/Miron
2nd Place S. Matlick/White
3rd Place Brown/Maronick

December 13th - Fourball - Two Best Balls

Gold Flight:
1st Place Gobert/Kolakoski/Malone/Updegraff
2nd Place Fine/Granat/Hungerford/D. Pease
3rd Place Buchanan/Gallagher/Oakland/Simon

Silver Flight:
1st Place Jeck/Lyons/K. Riskind/(blind draw)
2nd Place Baardson/Kenney/G. Matlick/White

Members 50 years of age or over are welcome to join the Seniors each Tuesday. Call 577-4019 to reserve a spot.
While the RULES OF GOLF are far reaching and can be rather complex at times, it is the basic rules that we all must be aware of and practice during each round that we play, regardless of the format.

The rules of golf and our handicap system are the basis for how we play amongst ourselves and in club and area wide events. All of us who opt to use the rules of golf in everyday use and competitions do so because we respect the fact that golf is based upon fair play, honesty and sportsmanship.

All members of a group that are playing are individually responsible for following the rules and playing all shots as required. The other members of that same group who may observe an infraction have a duty to bring it to the player’s attention; otherwise, they too are just as guilty as the person committing the rules infraction.

Following the rules are important during all forms of play, but it is much more important to observe the rules during all types of organized play such as MGA, Seniors, Pima Cup and Member/Guest events.

One guiding note for all to remember and follow is that if you do not complete a hole, the score you record for that hole for handicap purposes must be par plus any handicap strokes you are entitled to. The score should be noted and preceded by an “X”. This applies to all forms of competition (stroke play, match play, multi-ball and team competition) in which a player may not have completed one or more holes, or in which a player has been requested to pick up when out of contention on a specific hole.

Golf is a game of sportsmanship and integrity; play well, enter your scores in a timely manner and above all, play by the rules.

**VENTANA’S JUNIOR GOLF**

**After School Program**

Ventana Canyon is pleased to announce a brand new junior golf program. Whether a beginner or intermediate, this program is designed to help grow the game of golf as well as the player. Please join our qualified professional staff as we embark on a journey towards better golf.

**Tuesdays and Thursdays**

4:00 ~ 5:00 p.m. (Practice Facility)

The Professional will instruct on all areas of golf.

Putting, Chipping, Pitching, Full Swing, Etc.

$20 Per Day

Please contact the golf shop to sign-up:

**577-4061**

Rob Wood Lead Assistant Professional, **rwood@thelodgeatventanacanyon.com**

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**SENIOR INTERCLUB**

There are a few slots open for those who want to test their golf game in a friendly competition at El Conquistador on

**Thursday, January 18th at 12:00 noon**

Come make some new friends at other clubs in the city.

Email Tom DeWitt at dewitt@tiac.net

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**Couples Golf Event**

**Sunday, January 7, 2007**

**Dinner following Golf**

Please RSVP to Pro Shop 577-4064
Dear Ventana Canyon Members,

The season is upon us and the increased traffic on our golf courses will start to take its toll. In an effort to assist our fine golf course maintenance staff with the upkeep of our courses, we have started a new season of the Adopt-A-Hole program. This program, which is 100% voluntary, was created with the intent to raise the level of awareness with all golfers on how to properly assist in the maintenance of our playing surfaces. Members will simply "adopt-a-hole" and, on a regular basis, help with its maintenance by filling divots, repairing ball marks, and picking up any trash. This program has produced very positive results in improving both the appearance and condition of our golf courses.

The golf and maintenance staff would like to extend our appreciation to the families who have already chosen to participate.

**Mountain Course:**
#1 Bill & Cheryl Moore, Phil & Carol Lyons
#2 Don Riskind & Linda Gardner, Steve & Jill Hauser
#3 Chuck & Peg Rosenquist
#4 Ken & Margo Fuld
#5 Chris & Jerry D’Huy
#7 Stu & Tornie MacKay, Don & Linda Duffer
#8 Bob & Claudia Rasmussen
#9 Tom & Joyce DeWitt, Darty & Susan Smith
#10 Jim & Pat Hamill
#12 Earl & Glenna Myers
#13 Rick & Diane Rupp
#14 Bob & Dee Roty, Milt & Adele Ward

**Canyon Course:**
#1 Jerry & Patricia Siebes
#2 Larry Head & Jaime Cain, Gor & Marilyn Cowan
#4 Taylor & Susan Payson
#5 Mike Miller
#6 Toni & Dan McWilliams
#7 Pete & Stevie Reisinger
#8 Carol & Bill Herbrechtsmeyer
#9 Mike Graydon
#11 Jim & Linda Balch
#12 John & Joan Bishop, Chuck & Nancy Fatum, Jerry & Betty Abeles, Paul & Beth Dittrich
#13 Steve & Angela Fine, Tom & Judy Mott, Ralph & Jane Converse, Chuck & Joan Flack
#14 Jim & Helen Jennings
#15 Bob & Sharon Baker
#18 Dale & Audrey Stein

If you have any questions, or would like to adopt a lonely hole, please contact the golf shop.

Brandon Smith, Assistant Golf Professional

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**Pima Cup 2007 Schedule**

**Oro Valley**
- Monday, January 8
- 12:30 shotgun

**Heritage Highlands**
- Wednesday, January 24
- SG “TBD”

**La Paloma**
- Monday, February 5
- 12:30 shotgun

**Mountain View**
- Thursday, March 8
- 1:00 shotgun

**Sun City**
- Wednesday, April 18
- 12:30 shotgun

**Saddlebrook**
- Wednesday, May 2
- 12:30 shotgun

**Ventana Canyon**
- Wednesday, May 16
- 12:30 shotgun

Sign up in the Pro Shop or call Mike Graydon, Pima Cup Coordinator, at 577-6960. Players are needed for all events.

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**Tucson Senior Interclub 2007 Season**

The Tucson Senior Interclub offers an excellent opportunity to play competitive golf at the following clubs:

- **El Conquistador** - January 18
- **Oro Valley** - February 12
- **Skyline** - March 9
- **La Paloma** - April 16

To participate, you must be a MGA member, over age 55, have a USGA index of 21 or less and have posted at least 10 scores in the past 6 months.

These events represent a great opportunity to play other courses during the high season for a fee of just $60 (which includes lunch, cart, golf and prizes). At each match, there are prizes for all members of the 1st and 2nd place teams, as well as prizes for the three best individual scores.

If you are interested in playing in any of these events, please e-mail Tom DeWitt at dewitt@tiac.net.
We had a great holiday season and were happy to see everyone out at the courts lately. On December 16, we hosted three other clubs from around the area to play the Resort Cup. Our team fought hard, but in the end, La Paloma Country Club was able to take the title of 2006 Resort Cup champion. We would like to thank everyone who came out to cheer on our team, and the players: Bob Hensler, Herb Roberts, Chantal Sweger, Monica Daulkin, Rick Shaine, Terry Johnson, Claudia Johnson, Lillian Roberts, Jim Concidine, Don Duffer, Laurie Weiss and Carole Smith.

We would like to congratulate Alex Silverman as Boy’s 14 Singles Champion in the 2006 Hilton El Conquistador Junior Holiday Classic. Alex fought through a hard three set match to claim the title. All of us here are proud of him and wish him continued success.

Our new programs are up and running and offering something for the entire family. We have plenty of opportunities to play through the different leagues, junior programs, adult programs, and social events we have coming up. Be sure to take a look at the new programs beginning January 8.

We would like to help promote and organize players to represent Ventana Canyon Racquet Club through USTA league play. The league season is just around the corner, so if you are interested in playing on a team or being captain of one, please let us know. We would like to help our teams through coaching and have each participant have a truly great experience playing others from around the area.

As we start off the New Year, be sure to mark your calendars for each event. Our next social tennis event will be the Friday Night Mixer on January 12 at 6:00pm. These are always a great way to meet others at the club and enjoy an evening of tennis. We use different formats, but always mix and match you with others throughout the evening to play with as many different people as possible.

We look forward to seeing everyone out the courts.

Scott Anders
PBI Director of Tennis
January’s Tennis Tip

Many times, players struggle in doubles because of an ineffective return of serve. Remember, the goal in doubles is to keep the ball low, which forces your opponents to have to hit up as they are serving and volleying. Try to angle your return cross court and with back spin if possible. Back spin is a controlled spin and the slower pace gives players trouble. So remember, if your opponents are beating you at the net, keep returns low to get you and your partner the chance to control the net and break serve.

John Ciarleglio
PBI Tennis Professional
577-4009

Junior Tennis

Starts Monday, January 8; All classes are drop-in

Tiny Tots (ages 4-5)
Tue & Thu 3:00-3:30pm

Aces, Advanced, Shooting Stars (ages 5-11)
Mon, Tue, Wed, Thu 3:30-4:30pm

Excellence (ages 12+)
Tue & Thu 4:30 - 5:30 pm

Drill & Play Session
Mon & Wed 4:30 - 5:30 pm

The Drill & Play Session is designed for students participating in classes on Monday & Wednesday 3:30-4:30. This will give students the opportunity to play for two hours, with the second hour being supervised match play with a PBI Tennis Professional. This is great for those students who want to start to play games and points to compete in future tennis events.

New Programs starting January 8!

Adults

Monday 9:00 - 10:00am 3.0-3.5 Ladies Drill
Tuesday 9:00 - 10:00am Men's Drill
9:00 - 11:00am Ladies Doubles League
6:30 - 7:30pm Drop-in Drills
7:00 - 9:00pm Men's Singles League

Wednesday 9:00 - 10:00am Fundamentals Clinic
7:00 - 9:00pm Men's Doubles League

Thursday 9:00 - 10:00am 3.5+ Ladies Drill

Friday 8:30 - 9:00 am Complimentary Beginner's Clinic
9:00 - 10:00 am Fundamentals Clinic

Saturday 9:00 - 10:30am Weekend Clinic
9:00 - 11:00am Men's Doubles Drop-In

Friday Night Mixer

Friday, January 12 from 6:00-8:00 p.m.
$15 per person

Come out for a great time of tennis and enjoy the social after we play. Call the tennis pro shop to sign up!
Pool News
by Lisa Walls

There is not a lot of activity poolside, however, we are undergoing renovations in the locker rooms. Both the men’s and women’s locker rooms have new cabinets under the sinks and new floors. In the next few months, we will be updating the shower areas. Please pardon the inconvenience while we make the area more beautiful!

We continue to look for more swimmers for our masters swim team. There is still only one man on the team. He enjoys his time with all the women swimmers, but it is a bit lopsided! Practice is Monday through Friday from 9:00 - 10:00 a.m. Join us for a fun workout.

January’s Tip of the Month
by Lisa Walls

It is important to do a good warmup before a hard workout, especially in the colder months. Tight muscles can lead to injuries. Be sure your muscles feel loose in the water before you do intense training. Cool down after a hard workout is also important.

Visit the Member’s Only Website at www.ventanacityonclub.com. If you have something you would like to sell on this site, let Christine know and she will be happy to include it in the Member Want Ads under Announcements. Having trouble logging on? Call Christine 577-4012.
New Photos Needed

We have a nice selection this month, but the archive is running low. Several members have submitted excellent examples of their work month after month, but we would like to represent the work of a broader spectrum of the membership. Please submit digital photos electronically to cbaker@thelodgeatventanacanyon.com and prints to the membership office.
Saturday Night Live

January 27th ~ Music by Armour Gomez
$10 Cover Charge
7:00 pm-10:00 pm
Reception Begins 6:30pm (Passed Hors D’oeuvres) Dinner at 7:00pm
Don’t Dance? Come and Listen to some Great Music.

Salad
Salad of Baby Greens, Dried Cranberries, Sliced Pears, Toasted Walnuts, Feta Cheese, Sherry Vinaigrette

Choice of Entrée
6oz Filet Mignon with Chive Butter Served with Lobster Mashed Potatoes and Baby Zucchini ~ $28.95++ Per Person
Seared Chicken Breast with Stewed White Bean, Tomato and Pancetta over Fresh Arugula ~ $19.95++ Per Person
Sole and Salmon Weave with Royal Glacage and Parisian Vegetables ~ $24.95++ Per Person
Grilled Vegetable Lasagna ~ $16.95++ Per Person

Dessert Station with Delectable Delights
$5.00++ Per Person

Please RSVP to Melinda Ferrall at 577-4000 or via email at mferrall@thelodgeatventanacanyon.com

Sunday Breakfast Buffet
9:00 a.m. to 1:00 p.m.

$14.95 Adults
$6.50 Kids 6-12
Kids 5 & Under Free

Yogurt, Granola, Dry Cereal, Muffins & Danish,
Fruit Platter, Bacon & Sausage, Hash Browns,
Eggs Benedict, Waffles, Eggs and Omelets to Order (Chef Attendant)
Includes coffee

Viva Italia

Wednesdays from 5:30 p.m. - 9:00 p.m.

Enjoy Italian style dining.
Adults $23.95 ++
Children Under 10 pay their age, plus tax and gratuity.

Please make your reservation by calling the Dining Room Hostess at 577-4075.
NEW YEAR’S RESOLUTION

The Management would like to ask that all members make reservations for all special events and dining in the Catalina room. This will allow us to have the proper amount of staff here to serve you. Thank you!

Fitness Health Tip
by Margery Rubin

Bear with me, everyone. This will be the last segment on holiday eating! “Cure Portion Distortion”

A study in the journal of clinical nutrition shows that people who shrink their portions by 25% slashed 250 calories a day - enough to help them lose a half pound a week. Put less food on your plate. Shrink your plates; try eating dinner on smaller side plates. Get to know recommended serving sizes for our favorites. A serving of fish (3 ounces) should be the size of a checkbook, a serving of steak should look like a deck of cards. Think of meat and pasta as side dishes. Fill half your plate with broccoli and cauliflower, a quarter with chicken and a quarter with linguine. After meal rituals such as brushing your teeth, chewing a piece of sugarless gum or sipping a hot drink like tea or sugarless cocoa can be cues to stop eating.

New Class!

Golf & Tennis Stretch (Begins January 3rd)

Are you ready to improve your golf and tennis game? Lessen the risk of injury? Increase your flexibility? Come join me every Wednesday at 5:00 p.m. for an hour of deep stretching, incorporating single yoga movements. I look forward to seeing you all.

Fitness Schedule for January 2007

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>Pilates 9-10:00 a.m.</td>
<td>Golf &amp; Tennis Stretch 5-6 p.m.</td>
<td>Body Contour 10-11 a.m.</td>
<td>Body Contour 10-11 a.m.</td>
<td>Pilates 9-10:00 a.m.</td>
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</tbody>
</table>

Classes are subject to change. Please call Margery at extension 326 for weekly updated schedules.

Golf & Tennis Stretch:
Emphasizing lengthening and increasing flexibility of muscles used in golf and tennis.

Body Contour:
Fabulous for defining and toning your muscles. The class concentrates on high repetition using low weights, rubber-bands and balls.

Pilates:
Emphasis on balance while concentrating on core strength using bands, balls, and roller pads.

Personal Training

By the time you read this, the holidays will be ending. What better time to look towards a new year. Call me at 577-1400 extension 326.
January 2007

<table>
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<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
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<tbody>
<tr>
<td>1</td>
<td>-Ladies Tennis Drill 9-10:00 a.m.</td>
<td>3</td>
<td>-Knitters Knook 11:00 am</td>
<td>4</td>
<td>-Beginners Tennis Clinic 8:30-9 a.m.</td>
<td>6</td>
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<tr>
<td>2</td>
<td>-Ladies Tennis Drill 9-10:00 a.m.</td>
<td>4</td>
<td>-WGA 7:30 a.m. t-time</td>
<td>5</td>
<td>-Beginners Tennis Clinic 8:30-9 a.m.</td>
<td>7</td>
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<td>7</td>
<td>-Sunday Breakfast Buffet -Couples Golf 1:00 shotgun -Rib Night 5:30-9:00 pm</td>
<td>8</td>
<td>-Men’s Seniors 8:00 shotgun -Men’s Tennis Drill 9-10:00 a.m.</td>
<td>9</td>
<td>-Knitters Knook 11:00 am -Viva Italia 5:30-9 pm -Fundamentals Tennis Clinic 9-10:00 a.m. -Men’s Doubles League 7-9:00 p.m.</td>
<td>10</td>
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<tr>
<td>14</td>
<td>-Sunday Breakfast Buffet -Rib Night 5:30-9:00 pm</td>
<td>15</td>
<td>-Men’s Seniors 8:00 shotgun -Men’s Tennis Drill 9-10:00 a.m.</td>
<td>16</td>
<td>-Women’s Golf Workshop 9-12 noon -Knitters Knook 11:00 am -Viva Italia 5:30-9 pm -Fundamentals Tennis Clinic 9-10:00 a.m. -Men’s Doubles League 7-9:00 p.m.</td>
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</tr>
<tr>
<td>21</td>
<td>-Sunday Breakfast Buffet -Rib Night 5:30-9:00 pm</td>
<td>22</td>
<td>-Men’s Seniors 8:00 shotgun -Men’s Tennis Drill 9-10:00 a.m.</td>
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<td>24</td>
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<tr>
<td>28</td>
<td>-Sunday Breakfast Buffet</td>
<td>29</td>
<td>-Niners State Medallion II -Ladies Tennis Drill 9-10:00 a.m.</td>
<td>30</td>
<td>-Women’s Golf Workshop 9-12 noon -Knitters Knook 11:00 am -Viva Italia 5:30-9 pm -Fundamentals Tennis Clinic 9-10:00 a.m. -Men’s Doubles League 7-9:00 p.m.</td>
<td>31</td>
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New Year’s Day

- WGA 7:30 a.m. t-time -3.5+ Ladies Tennis Drills 9-10:00 a.m.
- Beginning Tennis Clinic 8:30-9 a.m.
- Fundamentals Tennis Clinic 9-10:00 a.m.
- Men’s Doubles League 7-9:00 p.m.
- Women’s Golf Workshop 9-12 noon -Knitters Knook 11:00 am -Viva Italia 5:30-9 pm -Fundamentals Tennis Clinic 9-10:00 a.m. -Men’s Doubles League 7-9:00 p.m.
- Women’s Golf Workshop 9-12 noon -9 & Dine 3:00 p.m. shotgun -Beginners Tennis Clinic 8:30-9 a.m. -Fundamentals Tennis Clinic 9-10:00 a.m.

Please update your email address with Christine Baker-Perry if you have not been receiving communications from the Club.