

THE DAY SPA

At Ventana Canyon

50 minute - \$66

80 minute - \$99

110 minute - \$125

Hydrating Maple Facial

This pampering facial, developed to treat all skin types, enhances skin suppleness and softness, strengthens elasticity, and reinforces turnover of new cells. It restores and maintains a healthy moisture balance and is recommended for young or mature skin types.

Rosacea/Calming Facial

This treatment, developed for clients with rosacea or sensitive skin, is geared to neutralize and reduce skin blotchiness, soothe redness, inflammation, and relieve irritation with gentle cleansing, cooling and hydrating techniques.

Men's Executive Facial

A specialized treatment to pamper and address the skin needs of men. This soothing facial eases razor irritation, maintains hydration, helps protect and restore skin from damage caused by chronological and environmental aging and diminishes fine lines and wrinkles. Suitable for the most sensitive of skins.

Teen Facial

This facial is designed to meet the demands of the ever-changing teen-age skin. Ideal for all skin types, especially oily and acneic skin.

Back Facial

This relaxing treatment is designed to cleanse away impurities most everyone is unable to reach. A relaxing back massage precedes a mask specifically designated to your needs.

Glycolic Facial

This specialized facial was developed to remove dead cells, as it increases softness and suppleness and the rate of cellular renewal. It clears uneven skin tones, thereby allowing better absorption of hydrating products. This is not recommended for rosacea conditions.

50 minutes - \$99

****All facials include extractions, steam and masks.**

Gratuities for the staff are **not** included in the price of the services. Thank you.

WAXING SERVICES

Brow	\$17	Lip			\$12
Chin			\$12	Face	\$45
Bikini	\$25	Half		Legs	\$35

Full	Legs		\$55	Brazilian		\$55
Back	or	Chest	\$55	Back	&	Chest
Underarms						\$100
Half Arms, upper or lower			\$20			\$15

TINTING SERVICES

Brow \$18 Lash \$25 Both \$40

Spa Services Hours & Guidelines

We are available for services from 10:00 a.m. until 4:00 p.m, Mondays thru Saturdays, by calling ext 314 or our direct line, 580-577-4044. Sundays by advanced scheduling, please.

We Strictly Adhere to the Cancellation Policy.

If you must reschedule or cancel an appointment, as a courtesy to other guests and our staff, please advise us **two hours in advance** to avoid being charged in full for the scheduled service.

Services are not a good idea for the following:

- Onset of a cold or flu
- Presence of a fever
- Any contagious illnesses or skin conditions

Suggestions

Please use the restroom prior to your services
Do not wear makeup or jewelry to your services.

NAIL TREATMENTS

Essential Manicure

This warm lotion manicure includes shaping of the nails, cuticle treatment, a hand and arm massage, followed by a warm towel wrap. 45 minutes - \$23

Essential Pedicure

Step into a warm footbath, receive expert nail and cuticle care, callous smoothing and a soft exfoliating scrub to polish away dry skin. A foot and leg massage is followed by a warm towel wrap. 60 minutes - \$40

Executive Pedicure

Let us take care of your feet without all the fuss. This service includes a soak, trimming and filing of the nails and cuticles, smoothing of the callouses and a lotion application. 25 minutes - \$28.00

Spa Pedicure

This ultimate treatment starts with a warm footbath, shaping of the nails and cuticles followed by a hydrating, exfoliating scrub. After smoothing your callouses, a hydrating mask is applied. This ends with a foot and leg massage and a warm towel wrap. 75 minutes -
\$65.00

Warm Paraffin Therapy

This treatment helps relieve arthritis, increases circulation and leaves the skin soft and hydrated. A great additional to any of our manicures or pedicures. Hands -
\$10.00 Feet - \$15.00

Nail Enhancements

Adds length or strength to your nails

Full Set of Silk Wraps - \$65.00 Full Set of Overlays - \$45.00

Fills - \$35.00 Repairs (1st three) - \$8.00

Polish Change for the hands - \$10.00 For the Feet - \$15.00

MASSAGE OFFERINGS

The Favorites

50 Minutes \$66.00

80 Minutes \$99.00

(Please discuss with the Therapist the amount of pressure appropriate for you.)

Classic Oil Massage

Using a variety of Swedish and therapeutic techniques, this massage increases circulation and relaxes tight, tense muscles.

Aromatherapy Massage

Combined the sense of smell with touch, we use essential oils to enhance the benefits of your massage. Choose one of the varieties of aromatherapies to best suit your specific needs.

Targeted Massage

Therapeutic techniques are applied to help alleviate chronic tension, or enhance the healing of injuries, by increasing the circulation and reducing tension in specific areas.

Golf/Sports Massage

Focusing on the muscle groups most overused by your particular sport, this treatment warms and loosens the muscles, helping prevent the chance of injury and

increasing your range of motion. Imagine what that could do for your Golf or Tennis swing. Great before or after your physical activity.

Pre-Natal Massage

Ideal for any stage of pregnancy, this massage can help relieve lower back pain, reduce swelling of the legs and feet, and promote relaxation.

Our Specialties

La Stone Therapy

A Tucson original! We use up to 54 smooth, heated lava stones to relieve tense muscles, sore joints and stressed emotions, leaving you feeling relaxed and balanced. A must try! 80 Minutes - \$99

New! Maple Body Scrub

Using the same great product line we use in our facials, this exfoliating treatment contains natural antioxidant vitamins and essential mineral salts to provide your skin with vital nutrients, improving hydration and microcirculation. Our Maple Body Lotion, renowned for its anti-aging properties and long lasting hydration is then applied to leave your skin smooth, soft and healthy. 50 minutes - \$66 with a 50-min massage - \$99

The BodyCoffee Body Polish

This invigorating body polish uses Dead Sea Salt, ground coffee arabica, essential oils and herbal extracts. Its brisk, minty aroma refresh tired muscles and invigorates the spirit. The seductive fragrance of coffee blossoms leaves you feeling young at heart and positively irresistible. Your body will both tingle and relax at the same time. 50 minutes - \$66 with a 50-min massage - \$99

The Anti-Cellulite Detoxifying Body Wrap

We start with a dry brushing of the body to gently remove dull, flaky skin cells. The therapeutic body wrap is applied next and as you lie wrapped, green coffee extract expels build ups from your skin that causes cellulite and uneven skin textures. Utane, a powerful mix of Indian herbs destroy microorganisms that cause skin irritations. You will emerge from your wrap with a renewed vitality and energy, as your skin will feel smoother and firmer. Regular treatments can diminish the appearance of cellulite and other skin irregularities.

50 minutes - 66 with a 50-min massage - \$99

The Pure Bliss Experience

We combine the detoxifying body wrap along with the body polish and add a 50-minute massage to make this a truly blissful experience!

110-minutes - \$125

Aromatic Aloe Body Wrap

Lavender, Aloe, Tea Tree and Eucalyptus are applied to help heal dry, damaged skin. After your wrap, Rosehip and Aloe Rehydrating Lotion is used to nourish the skin. Especially good for sunburns.

50 minutes - \$66 with a 50-minute massage - \$99

Wild Rose Salt Glow

Enjoy this invigorating rose oil and salt scrub, which deeply cleanses and exfoliates especially dry skin and leaves it smooth and silky soft.

50 Minutes - \$66 with a 50-minute massage - \$99

The Best!

Start with a Salt Glow and get rid of the dry skin. Then apply the healing essentials of the Aloe Wrap to your fresh skin, and finish with an Aromatherapy Massage. You

will truly look and feel your best!

110 Minutes

- \$125

Deep Tissue Massage

This massage is intended for the client who gets treatments on a regular basis. Designed to release and reorganize the outer myofascial system, this massage is extremely effective at releasing body tension, increasing range of motion and reducing stress. This treatment uses very little motion.

80

Minutes - \$99

Gratuities for the therapists are not included in the price of your spa service. In appreciation of outstanding service, gratuities may be given to the therapists at your discretion.

Massage Hours & Guidelines

We are available for massage from 9:00 a.m. until 8:00 p.m., seven days a week. Advance reservations for all treatments may be made through the Day Spa, at ext 314, direct line 577-4-44 or ext 350, after hours.

We Strictly Adhere to the Spa Cancellation Policy.

If you must reschedule or cancel an appointment, as a courtesy to other guests and our therapists, please advise us **two hours in advance** to avoid being charged for the scheduled service.

Massage is not a good idea for the following:

- Onset of a cold or flu
- Presence of a fever
- Any contagious illnesses or skin conditions

If you have any questions or concerns, please call extension 314.

Suggestions

It is recommended that once in the treatment room, you completely disrobe for your Spa Service. Our Therapists are trained in proper draping techniques, so you should never feel uncomfortable.

- Please use the restroom before your treatment
- Do not wear makeup or jewelry to your treatment
- Arrive 30 minutes or so prior to your appointment if you wish to use the Steam Room, Jacuzzi or shower
- If you have a preference, please specify a male or female therapists at the time of booking.
- Shaving your legs is not recommended prior to a salt glow